The publishing group that captures the spirit of life
Dear friends and colleagues,

We are delighted to present to you our rights list for Spring 2012!

We kindly invite you to discover the latest titles as well as long-selling backlist titles of our imprints

\[\text{Patmos – Grünewald – Thorbecke – Schwaben – Eschbach}\]

Our list offers a wide range of non-fiction titles on psychology, self-help, parenting, memoirs, spirituality, religion and theology. Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors and titles, please visit our foreign rights website at www.verlagsgruppe-patmos.de/foreign_rights.php. A click on the logo of the respective imprint on the right-hand side will take you to the specific rights section of each imprint, for example, http://www.patmos.de/foreign_rights.php for titles published by our imprint Patmos.

Using the navigation bar on the left-hand side, you can select titles from different categories. You will then be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are English sales sheets, synopses and sample translations available for download. Of course, there is also a detailed search function which will help you find the information you need even faster!

Please don’t hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

We would also be delighted to discuss our list with you at the London Book Fair (IRC, table 26f). Please don’t hesitate to contact us to arrange a meeting.

We look forward to hearing from you!

With best wishes,

\[\text{Claudia Stegmann}\]
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Susanne Preusker

Seven Hours in April
My Story of Survival

ISBN: 978-3-8436-0038-5 | Patmos | Hardback with jacket | 160 pages
Sold: Italian, Korean | English sample translation available

Gripping insider’s perspective of a traumatic episode
April 2009: Ten days before her wedding, Susanne Preusker experienced a catastrophe. At her workplace, a high security prison in Straubing, Germany, the prison psychologist was held captive for seven hours by an inmate convicted of sexual offenses, threatened with death and raped multiple times. Susanne Preusker provides an unvarnished and precise account of the unimaginable, the fear for her life, but also how she survived after the trauma. This is a courageous book that grabs your attention after just a few pages!

Andy Holzer

Balancing Act
How a Blind Man Climbs the World’s Highest Mountains

ISBN: 978-3-8436-0043-9 | Patmos | Hardback with jacket |
230 pages with numerous photographs
Sold: Italian, Korean | English sample translation available

Andy Holzer cannot see the mountains. But this blind mountaineer can still take everything in, as he has proven in his expeditions to the world’s highest mountain peaks. His senses of hearing, smell, taste and touch provide him with enough information to assemble a precise image of the world. He overcomes obstacles created by his disability with mental strength and unbridled optimism that is grounded in his trust in his family, his friends and himself. Andy Holzer serves as a powerful example that it is possible to transform obstacles into opportunities to overcome apparent hurdles. His commitment is both exhilarating and infectious.

Nais Mason

My Strength Is Hope

ISBN: 978-3-491-36024-2 | Patmos | Hardback with jacket | 248 pages
Sold: Finnish | English sample translation available

Beaten, deceived and infected with HIV by her own husband, Nais Mason was left to fend for herself in her Kenyan homeland after his death. But Nais refused to give in to fate. Instead, she decided to fight for herself and the future of her children. She eventually made her way to the United States, studied for a degree there and then returned to Kenya, where HIV-positive women – often left widowed – have no value. She has succeeded despite all the odds and is today acknowledged as a leading global expert on AIDS. She works for the World Health Organization and UNICEF, and has achieved great success with her organization Women Fighting AIDS in Kenya – suffering has given her strength.
As a three-year-old child, Zuhal Soyhan was buried by an earthquake in her home town in Turkey and only found seven hours later, her bones shattered. The diagnosis: Osteogenesis imperfecta, also known as brittle bone disease. Three years in a Munich hospital, ten years in the custody of a home for the physically handicapped, around a hundred broken bones and countless operations followed. But complaining or giving up was out of the question for the 1.3 meter tall Zuhal.

Today she is a popular television journalist. “I’m a lucky person,” she says of herself. This book relates the adventurous life of a strong woman who in spite of daunting setbacks and prejudices has taken her life in her own hands and realized her dreams.
**Erich Neumann**

**The Origin of Consciousness**

ISBN: 978-3-530-42185-9 | Patmos | Hardback with jacket | 551 pages

**Sold: English (World), Greek, Italian, Korean, Polish, Portuguese (World)**

A classic work of Jungian psychology

This reprinted landmark publication impressively shows how the internal structure of today’s modern humans developed in phases. Starting with old cultures and religions as well as the mythology of Egypt, Babylon, India and Ancient Greece, this book describes the dramatic self-liberation of early people from the embrace of the unconscious – through to the emergence of higher consciousness. In his foreword to this book, C. G. Jung notes that for him Neumann’s work was “highly welcome” and that it was set at exactly the point “where, if I was gifted with another life, would also begin …”.

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**Jolande Jacobi**

**The Imagery of the Soul**

ISBN: 978-3-530-39599-0

Patmos

The first introduction on Jungian analysis of pictures and drawings, written by C. G. Jung’s close associate Jolande Jacobi, and an intriguing account of the way in which the images depicted convey our innermost longings. Deciphering and interpreting these symbols can serve as an invaluable guide to finding our true self.

**Maja Storch**

**The Strong Woman’s Desire for the Strong Man**

ISBN: 978-3-530-40103-5

Patmos

A best-selling book on why successful, independent women unwittingly undermine their intimate relationships, and their subconscious reasons for doing so. More than 130,000 copies sold in Germany!

Translated into 13 languages to date

English translation available

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**Erich Neumann**

**The Great Mother**

ISBN: 978-3-491-69801-7

Patmos

The archetype of the Great Mother is explored as a primordial image of the human psyche in this landmark publication by Erich Neumann.

**Sold: Czech, Hungarian, Italian, Korean, Polish, Portuguese (World), Serbian, Spanish (World)**

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**Amor and Psyche**

ISBN: 978-3-530-60849-6

Patmos

Erich Neumann’s famous interpretation of Apuleius’ fairy tale *Amor and Psyche* as a mythical depiction of the individuation process as described by C. G. Jung.

**Sold: Complex Chinese, English (World), Greek, Italian, Korean, Portuguese (World), Serbian**
The classic work – now available again with the 9 original color tables and 10 single-color illustrations

By the renowned colleague of C. G. Jung

C. G. Jung’s thought is complex, and his theory of analytical psychology is often not easy to understand. In this book, Jolande Jacobi, a student of Jung and one of his closest associates, has provided a clear, lively explanation of the fundamental terms and concepts of Jungian psychology.

This classic work – in print for 60 years now – gives lay people a comprehensible introduction to C. G. Jung’s work and enables professionals to attain a deeper understanding of analytical psychology.
Verena Kast

Imagination
Finding Access to Our Inner Resources

ISBN: 978-3-8436-0156-6 | Patmos | Hardback with jacket | Approx. 220 pages

Sold: Czech, Portuguese (Brazil)

The standard work – completely revised and thoroughly updated
The imagination is an important resource because it can tap into new places. And it is also therapeutically effective, as C. G. Jung discovered. In this classic book, well-known Jungian analyst and psychotherapist Verena Kast demonstrates that imagining is an important means of self-care that leads to greater vitality.

Verena Kast

Engagement and Boredom as Sources of Creative Energy
ISBN: 978-3-8436-0086-6

Patmos

This book describes in vivid detail how the basic emotions of engagement and boredom are pathways to vitality.

Sold: Simplified Chinese

Verena Kast

Dreams
ISBN: 978-3-491-42105-9

Patmos

Verena Kast explores the mysterious and fascinating language of our unconscious: dreams.

Sold: Greek, Hungarian, Korean, Portuguese (World), Simplified Chinese, Spanish (World)

Verena Kast

Desire for Another
ISBN: 978-3-491-42131-8

Patmos

Verena Kast’s most fascinating interpretations of fairy tales dealing with love and intimate relationships shed new light on these classic stories.

Sold: Czech, Portuguese (World)

Verena Kast

Envy and Jealousy
ISBN: 978-3-530-40007-6

Patmos

Verena Kast shows how we can learn to face the taboo emotions of envy and jealousy. By overcoming these feelings, we can improve our personal relationships.

Verena Kast

Thoughts on Individuation
ISBN: 978-3-491-42124-0

Patmos

This collection of texts on central aspects of individuation encourages readers to meet the challenges that life brings and to develop into autonomous human beings.

Sold: Croatian, Italian

English translation available

Verena Kast

The Dynamics of Symbols
ISBN: 978-3-530-50617-4

Patmos

Verena Kast outlines C. G. Jung’s idea of the individuation process. She also discusses further basic concepts of Jungian psychology.

Sold: Croatian, Italian

Brigitte Dorst

Overcoming Life Crises
ISBN: 978-3-530-50606-8

Patmos

Analytical psychologist Brigitte Dorst explains the types, triggers and phases of significant life crises. She also shows readers how symbols, rituals and stories can help us cope.

Sold: Greek, Hungarian, Korean, Portuguese (World)

Renate Daniel

Be Strong!
ISBN: 978-3-8436-0021-7

Patmos

A practical guidebook for taking heart with lots of exercises based on Jungian psychology that build self-esteem and help readers to be courageous and stand up for what is important to them.
Fairy tales stem from deep human experiences and depict processes of psychological growth and maturation. When we decipher their images and symbols, they reveal wisdom and truths that can give contemporary people important guidelines for their life journey.

The renowned Jungian analyst and psychotherapist Verena Kast interprets seven fairy tales, including *The Girl Without Hands*, *The Goose Girl* and *All-Kinds-of-Fur*, all of which deal with liberation from great misery and problematic parent-child relationships. Using examples from her counseling practice, she clearly explains how fairy tales show us how people can find their way to freedom and self-determination.
Hans Morschitzky / Thomas Hartl
Understanding and Overcoming Fear of Illness
ISBN: 978-3-8436-0153-5 | Patmos | Paperback | 192 pages

A comprehensive guide on this subject featuring a self-help program in seven steps

Health is an important subject for every human being. When normal concerns about health begin to completely dominate one’s life, however, the fear of getting sick becomes a psychological disorder that creates enormous strain in the life of the affected people and their families, and must be taken seriously. Hans Morschitzky and Thomas Hartl outline how these fears of disease arise, their consequences, and how those affected can successfully overcome them.
A crooked nose, too much padding on the hips or wrinkled skin – no human being is perfect. While some people lead happy lives even with their imperfect bodies, others suffer disproportionately from their dissatisfaction with their own appearance – even to the extent of psychological problems and illness. The constant parade of young and perfect bodies presented in advertising and on television distorts our view of reality and generates additional pressure.

Marion Sonnenmoser encourages us to step back from this obsession with beauty, and explains how we can free ourselves from the vicious circle of self-deprecation to make friends with our own bodies.
Jochen Metzger

The Kids Are in Charge

An Experiment

ISBN: 978-3-8436-0083-5 | Patmos | Softcover with flaps | 180 pages

Sold: Italian, Korean

Children take charge of a family for four weeks

What happens when the children are given full responsibility for the family? For one month, Lara, 13, and Jonny, 10, managed the Metzger family’s finances, decided what the family ate, when the parents were allowed to watch television and had to go to bed. Even skipping school was fair game. Theirs is a story of empty refrigerators, growling stomachs and heaps of dirty dishes, but also of freedom, responsibility and trust.
The third volume in the best-selling series featuring *Quiet Nights* and *How to Soothe Your Baby*

- Offers help with eating problems in babies and toddlers from birth to three years old
- With many helpful case studies, concrete suggestions and a list of useful addresses

When a baby doesn’t want to eat or drink, turns away from feedings or cries at every meal, parents worry about the well-being of their child, and rightly so. Their desperate attempts to get their baby to eat, however, often trap them in a vicious cycle. And this, although the baby knows what the solution is, if only its signals could be correctly interpreted!

With great tact, Josephine Schwarz-Gerö encourages parents to be attentive ‘readers’ of what their child expresses and needs, and how to respond, so that they can find a way out of the unhappy cycle.

**Josephine Schwarz-Gerö**

*Baby, Why Won’t You Eat?*
Understanding and Solving Eating Issues

ISBN: 978-3-8436-0033-0
Patmos
Paperback
180 pages

Josephine Schwarz-Gerö is head of the department of newborn psychosomatic medicine at the Glanzing Children’s Clinic/Wilhelminenspital in Vienna, Austria. She also teaches her area of expertise, feeding disorders of babies and young children, in the early intervention program at the University of Vienna. She lives with her family in Vienna.
Paul Klingen

School Without Side Effects
How Children and Their Parents Can Best Manage the School Years

ISBN: 978-3-8436-0063-7 | Patmos | Paperback | 176 pages

Help for children and their parents
School makes you smart. But often enough it has side effects: pressure to achieve, conflicts with schoolmates, battles over homework and disputes with teachers make life difficult for children and parents alike. But it is possible to learn! Paul Klingen explains what parents need to know about the conditions of teaching and how the school system works. The experienced educator develops a great number of very concrete suggestions for how parents can prepare their children for school, support them in resolving conflicts, and what the parents can do for themselves to better cope with the pressures that arise from schooling. This clear, practical book includes numerous examples drawn from everyday life with children and in schools, and is an invaluable aid in managing the school years.

Wolfgang Bergmann

Putting Your Mind To It
How You Can Help Your Child With Concentration and Learning Difficulties

ISBN: 978-3-8436-0149-8 | Patmos | Paperback | 160 pages

A practical book written by one of the most important German scholars of parenting and early childhood education

Many children have problems learning at school. They are intelligent enough, but nonetheless cannot read, write or do math as well as they should because they find it difficult to concentrate and focus their attention. They are often restless or hyperactive. Well-known parenting expert Wolfgang Bergmann knows how parents can help their children, namely with encouragement and a patient, learning-centered approach as well as with effective, concrete exercises that help children overcome concentration deficits and discover that learning is fun again. It’s the little steps that lead to success!
The ultimate guidebook for parents of (almost) grown-up children
With lots of tips for overcoming the “empty nest syndrome”

Even the period after puberty holds many surprises and challenges in store for mothers and fathers: what’s to be done when Junior doesn’t want to move out and takes it for granted that there will be a home-cooked meal on the table every night? When the 19-year-old daughter insists on studying crystallography? And when the children do finally fly the coop, there are new issues: how can the two of you live happily as a couple again? How do you love an unlikable son-in-law? And what’s it like to be a grandma?

This humorous guide addresses all the typical and yet terribly trying dramas and conflicts between parents and their (almost) grown-up children. It also shows how parents can master this phase of life with confidence and develop new perspectives.
Sigrid Tschöpe-Scheffler

**Five Pillars of Childrearing**
Paths to Interaction Between Adults and Children that Enhances Development

ISBN: 978-3-8436-0117-7 | Patmos | Paperback | 112 pages

**Sold: Polish**

What is truly important when raising children

In a time when debates about childrearing are often characterized by terms such as “state of emergency” or “catastrophe,” it is high time to remember the core values of parenting. Taking these discussions as her starting point, the author identifies five factors that promote children’s development: emotional warmth, esteem and respect, cooperation, structure and commitment, and all-around encouragement.
Living with children can be a spiritual experience, for children are a “wonderful mystery” (Janusz Korczak), and even the smallest aspects of daily life have hidden dimensions of depth. Spirituality does not entail withdrawing from the world, but instead conscious perception and shaping of it.

Sigrid Tschöpe-Scheffler and Helmut Tschöpe have selected five areas of everyday life for families: spaces and changes of location, language and communication, actions and behavior, holidays and celebrations, dealing with sorrow and parting. In their book they demonstrate that spirituality while living with children means more than just religious rituals: it includes attentiveness, meaningful experience and being open to the energy of life – in the midst of everyday life. In this way parents can give their children a solid footing and strength, and fortify them for the challenges of life.
MARIE-THÉRÈSE SCHINS
I’m Practicing for Heaven
A Story of Life, Friendship and Death
Illustrated by Isabel Pin
ISBN: 978-3-8436-0166-5 | Patmos | Hardback | 136 pages with b/w drawings

Sensitive treatment of the subject of children encountering death
Isha’s parents aren’t called Mama and Papa, but rather Mammamoma and Pappapipo – because they are hospitals clowns at a children’s cancer ward. Isha would like to be a hospital clown when she grows up, too. Sometimes she is allowed to come along when her parents perform for the children. That’s how she meets Tommy, who has a brain tumor. When her parents are called to the hospital one day because Tommy isn’t doing well, Isha is suddenly about to make her first appearance. In the process, she not only encounters death for the first time, she also learns how powerful friendship is and how beautiful it is not only to share happiness, but also to be able to cry together.

RUDOLF ATSMA
Paula’s Letters
ISBN: 978-3-8436-0096-5
Patmos
Paula’s head is filled with questions – and none of them are answered in the Bible. So she decides to write a letter to her former Sunday school teacher, and an interesting correspondence results. In the course of their exchange, with great fantasy and a knack for storytelling, Rudolf Atsma uncovers these stories about Jesus between the lines of the New Testament. A treasure trove of stories for parents, teachers, and in preparation for Sunday school!

KERSTIN SCHMÄLE
Nele, Ben and the Mysterious Book
Illustrated by Sieger Köder
ISBN: 978-3-7966-1250-3
Patmos
Nele and Ben just want to pass a rainy afternoon with entertaining stories. But is the Bible the right book for that? All of a sudden the kids slide right into the middle of the action and experience up close the loading of Noah’s Ark in the streaming rain. Boring stories? Nele and Ben have a totally different opinion … Kerstin Schmale leads you on a journey through the far-away world of the Bible, holding readers young and old spellbound.

PETER SPANGENBERG
The Big and Little People Bible
Illustrated by Fariba Gholizadeh
ISBN: 978-3-7966-1249-1
Patmos
In this children’s Bible, Peter Spangenberg retells the stories of the Bible and draws out connections to the lives of children in our own time. The detailed and cheerful illustrations invite young readers to spend time looking at and exploring them. And someone named Sammy is hidden in almost every picture!

PETER SPANGENBERG
Psalms for Big and Little People
Illustrated by Fariba Gholizadeh
ISBN: 978-3-7966-1251-0
Patmos
The texts of the Psalms are still among the most important Christian prayers. However, they are often hard for children to understand. Peter Spangenberg has written the Psalms anew in language that brings to life the world of children’s experience. This book is an ideal gift for children starting school, for Christmas or for First Communion.
20 short stories for bedtime enjoyment

Biblical stories newly told and beautifully illustrated

"Can you imagine that? At the very beginning, there wasn’t anything at all. No people, no animals, no trees, no beach and no ocean. God found it boring. And empty and lonely. So he decided there should be something. He said, ‘Let there be Light!’ and just like that, there was light. ‘Hmm, always light, that’s not so good,’ he thought. So he separated the light from the dark. The light pleased God and he called it day. The dark he called night. And then the first day of the world was over!"

It’s an old story, but told in an entirely new way – just like all the stories in this book. These are upbeat goodnight stories for people young and old who are curious about God and his exciting adventures with humankind.

Backlist Tip:

Marlene Fritsch
Why Jonah Didn’t Taste Good to the Whale
And Other Animal Stories from the Bible
Illustrated by Heike Treiber
ISBN: 978-3-7966-1521-4
Patmos
Animals play a small or large role in many biblical stories. And in this book, it is the doves, cats, donkeys and many other animals that tell us what happened back then. That gives an innovative twist to some well-known tales. Discover the Bible in a whole new way with these imaginative bedside stories!

Marlene Fritsch, born in 1972, studied theology and German. She worked for a denominational publisher for seven years before becoming a freelance editor. She currently lives and works in Freiburg, Germany.

Elli Bruder studied in Scotland and Freiburg and has been a graphic artist and illustrator ever since. She lives on a lake in northern Germany with her husband and a barn full of animals.
Christa Spilling-Nöker

Spelled Into the Heart
Illustrated by Geninne D. Zlatkis

ISBN: 978-3-86917-057-2 | Eschbach | Hardback | 64 pages, 4-c throughout

Heart-warming texts for difficult times
As one of the major contemporary spiritual authors, Christa Spilling-Nöker shares with her readers the experience that life is not always easy. She knows about the highs and lows of life and how valuable a protective hand can be. She has translated this experience with real, unvarnished life into short, poetic texts in language that many find touching. Her insightful verses go straight to the heart, where their very special power unfolds.

Enchanting little illustrations by Geninne D. Zlatkis and the imaginative design of this gift book provide a beautiful frame for the texts, making it a pleasure for the eyes and the heart.

Christa Spilling-Nöker

Medicine for the Soul
Prescribed by Dr. Christa Spilling-Nöker
Illustrated by Geninne D. Zlatkis

ISBN: 978-3-86917-059-6 | Eschbach | Hardback | 48 pages, 4-c

An invaluable first-aid kit for the soul
In her Medicine for the Soul, spiritual author Christa Spilling-Nöker has collected her very personal prescriptions for greater contentment and harmony.

This is a nurturing medicine chest for your life, offering much balm for the soul, wonderfully complemented with poetic drawings by Geninne D. Zlatkis. Take in positive thoughts, collect impressions and be grateful ...
Christa Spilling-Nöker, born in 1950, is a theologian, religion teacher and author of many successful books.

A Cheery and Reflective Florarium
Conceived of and Tended by Christa Spilling-Nöker
Illustrated by Gundula Rexin
ISBN: 978-3-86917-125-8
Eschbach
Hardback
48 pages, 4-c

Hasn’t everything already been said about the language of flowers? Anyone looking merely at the symbolism will find little that is new. But Christa Spilling-Nöker’s approach is different: she has a flower garden that is and remains her heart’s delight. This is where she draws strength for the day and energy for new challenges. Nothing inspires her more than nature, especially flowers. And that is how this very personal florarium came into existence, over many decades. Thirty widely varying flowers, from modest and unassuming to magnificent and royal, inspire us to ponder the whys and wherefores, the meaning of life and the sources of happiness. And the beautiful thing about it is that each flower is planted in your innermost self as you read, richly rewarding you with a flower garden for the soul.

The illustrations for this book draw on a valuable handcraft: Elsbeth Nusser-Lampe has translated what Christa Spilling-Nöker captured in words into textile works of art. Over the course of an entire year, 365 artful blossoms were created, which she combined to form a quilt. Gundula Rexin used this quilt as the basis for her wonderful, joyful illustrations.

With new texts by Christa Spilling-Nöker
Imaginative, colorful illustrations
Special, artistic design
Peter Kottlorz

Intoxicating, Painful and Beautiful
On Love

ISBN: 978-3-7867-2919-8 | Grünewald | Softcover with flaps | 144 pages

An ideal gift for weddings, anniversaries and Valentine’s Day – and a thoughtful little something for your partner any time, “just because”

Love for life – that is not just a romantic ideal, or a promise made at weddings. The desire for love to remain alive is a deep desire all human beings share. But how is that possible? How can we keep the fire burning?

Peter Kottlorz understands people and their relationships. He is familiar with love and all its peaks and valleys, and he knows about the misery, happiness and yearning associated with it. With realistic optimism, loving poetry and a humorous wink of the eye, his texts explore everyday and ideal aspects of that big little word: “love”.

Hans Jörg Fehle

Take a Break
Moments of Calm – Even for Those in a Hurry

ISBN: 978-3-7867-2920-4 | Grünewald | Softcover with flaps | 128 pages

Guidance that can be applied in everyday life – with special suggestions for people who have little time

Finding calm even in the midst of the bustle of everyday life, and creating islands of tranquility even when we’re pressed for time – how is that possible? Those who are willing to be open to the adventure of stillness will find this book a helpful guide.

Six times seven reflections invite you to embark on an exploratory journey into silence in the middle of daily life. Pastor and spiritual retreat leader Hans Jörg Fehle opens up a realm of experience – biblically based, mindful and easily incorporated into everyday life – in which a wide range of encounters become possible: with stillness, with oneself and not least with God.
At first glance, the fairy tales, parables and fables of popular Swiss author Max Bolliger are chock full of all kinds of animals. This special quality reveals one aspect of this likeable author: his love of and sensitivity toward all living creatures. It also highlights one of his unique gifts, namely, his ability to cloak worldly wisdom and life lessons in short fables and stories.

Thus Max Bollinger creates texts that are full of poetry on the one hand, but at the same time focus on everyday situations, relationships and dangers. He entertains his readers, and at the same time helps them form their own answers to the fundamental life questions about love, hope and faith. For him, the foundation on which everything rests is still the longing for perfect beauty that remains intangible.

Named February 2008 Children’s Book of the Month by German Academy for Children’s and Teen Literature
Forging a Way Through Life
A Way of the Cross with Pictures by Sieger Köder
Edited and told by Ulrich and Claudia Peters

ISBN: 978-3-7966-1362-3 | Schwaben | Hardback | 96 pages with illustrations

A valuable guide through Lent
This book follows the Stations of the Cross created by Sieger Köder for the parish church in Bensberg (Bergisch Gladbach), Germany. Claudia and Ulrich Peters movingly and vividly relate the associated events in Jesus’s life and connect them with the reality of our own lives.

Wunibald Müller
Live Passionately
ISBN: 978-3-7867-2830-6 | Grünewald
In this book, popular theologian and therapist Wunibald Müller encourages us to consciously grapple with our fear of death. In addressing death openly, it is possible for us to have richer and more passionate access to life. Sold: Polish, Spanish (LA)

Gabriel Looser
Experiencing the Richness of Life in Dying
ISBN: 978-3-8436-0089-7 | Patmos
According to Gabriel Looser, a rich and meaningful life becomes possible only when we are reconciled to the fact that we have to die. His book opens new paths in dealing with our own mortality as well as accompanying those who are dying. Sold: Polish

Angelika Daiker
“Life Will Be Alright Again, But Different”
ISBN: 978-3-7966-1166-7 | Schwaben
Grief counselor Angelika Daiker sensitively addresses the experience of widowed women and encourages them to understand the varied emotions and ways grief can be expressed in the context of their own biographies. Sold: Polish

Ishpriya Kinsey RSCJ
There Is No Path, Only the Journey
ISBN: 978-3-7867-2886-3 | Grünewald
Each religious tradition has developed its own answers to essential human questions, and it takes time to realize that what we seek is not external, but within us. Sister Ishpriya invites us to travel this inner path with hope.

Andreas von Heyl
Becoming Whole Again
ISBN: 978-3-7867-2886-3 | Grünewald
Andreas von Heyl demonstrates that we don’t have to be satisfied with constant discontent, quiet sadness or continual exhaustion in our lives, but shows us ways to bring our exterior and interior worlds into harmony and become whole and happy people.

Peter Wild
Steps into Silence
ISBN: 978-3-7867-2886-3 | Grünewald
Based on his decades of experience teaching meditation workshops, Peter Wild provides concrete, step-by-step descriptions of a meditation practice that works in everyday life in this valuable and practical companion.

Antoinette Brem / Barbara Lehner
Shibashi – Experiencing Calm and Alertness
ISBN: 978-3-7867-2829-0 | Grünewald
A book for practitioners of shibashi, also known as the eighteen exercises or postures of Qigong, as well as people searching for a form of spirituality that reconciles the body with the soul.

Yvonne Ginsberg
Fasting & Walking with Body and Soul
ISBN: 978-3-8436-0020-0 | Patmos
Walking while fasting is healthy, improves our endurance and activates our senses. In this how-to book you will find everything you need to know to be well-prepared for the experience.
• Author with theological and psychotherapeutic expertise
• Prayer mobilizes and strengthens our ability to heal ourselves
• Includes numerous prayers

Autonomous prayer keeps us healthy and contributes to healing – that has even been scientifically proven. Prayer helps us get through difficult times, and improves both the quality of our life and enjoyment of it. It reduces stress, frees us from psychological dependency, fortifies us and is a source of strength as we overcome destructive habits and thought patterns. But how do we find the right words for prayer in our own hearts? How do we develop prayer rituals and meditations that suit our unique personalities?

With this book, pastor and supervisor Detlef Wendler provides a resource that will help experienced practitioners and seekers alike find those spiritual sources that truly nourish us, and practice a truly healing form of prayer.

Detlef Wendler
Prayer
Discovering Healing Powers

ISBN: 978-3-7867-2914-3
Grünewald
Hardback
128 pages

Detlef Wendler is a Protestant minister. In every aspect of his many-faceted work – including consulting, coaching and teaching – he concentrates on questions of (spiritual) health. He and his wife live in Krefeld, Germany.
Arnold Benz
The Future of the Universe
Chance, Chaos, God?

ISBN: 978-3-8436-0074-3 | Patmos | Paperback | 192 pages
Sold: Croatian, English (World), French (France & Switzerland), Hungarian, Italian, Korean, Polish, Slovenian

Groundbreaking conversation between science and religion
Based on the latest insights in astronomy, physics and biology, Arnold Benz asks questions about the essence and the future of the universe. It is at this very juncture that the dialogue between religion and science is especially interesting and enticing.
An engaging argument for the future of the church
By one of the most distinguished voices in theology in the German-speaking countries

Skepticism, disappointment, turning away: the situation of the church seems to be more volatile than ever before. Well-known pastoral theologian Paul M. Zulehner, however, is convinced that the church is not mired in crisis, but rather that the changing times demand a restructuring of the church. In a survey of Christian church and cultural history he demonstrates that Christianity has often stood at such a fork in the road, where renewal and a new start were necessary.

He sees powerful visions as the key to this rebirth. In the Bible and in art, in poetry and in myth he finds ideas that encourage us to forge new ways. With his book, Zulehner gives Christians impetus to create an engaged, relevant church for the future. Meditative, rooted in real life and concrete, his vision calls for the ‘resurrection’ of the church: Live!

**Paul M. Zulehner**

**Visions of the Church**
Orientation in Times of Transition in the Church

ISBN: 978-3-8436-0168-9
Patmos
Softcover with flaps
160 pages with numerous 4-c illustrations
Karl-Josef Kuschel

**Life Means Building Bridges**  
Forerunners of Interreligious Dialogue

ISBN: 978-3-8436-0068-2 | Patmos | Hardback with jacket | 608 pages with 12 b/w photographs

**The foundations of interreligious encounters**

Karl-Josef Kuschel presents the still quite young history of interreligious understanding by means of twelve exemplary portraits of individuals from all religious traditions. The dramatic life stories of poets and scientists, philosophers and translators created the foundations for fruitful encounters between different faiths, often in the face of harsh opposition.
Informative, comprehensive overview

The standard work of a profound expert – finally available again

In light of the religious diversity with which we are confronted in our multicultural society, examination of the great world religions is increasingly important. Annemarie Schimmel’s book about Islam provides reliable information, dismantling the prejudices and misunderstandings that are especially prevalent with regard to this faith. The profound expert on Islam has compiled all the relevant topics dealing with Islamic everyday life and tradition, and provides an overview that is comprehensive, up-to-date and easy to read.

Annemarie Schimmel (1922–2003) was an internationally recognized Islamic scholar. The professor taught at the Universities of Ankara, Bonn and Harvard and published numerous books. She received international literary awards and prizes, including the 1995 Peace Prize of the German Book Trade.
HERMANN-JOSEF FRISCH
Dare to Take New Paths!
Letters from the Saints to Christians Today
ISBN: 978-3-8436-0072-9 | Patmos | Paperback | 160 pages

A refreshing, new approach to the lives and deeds of the saints

Hermann-Josef Frisch put himself in the shoes of famous saints and wrote letters to the Christians of today. These letters make it clear that many of our questions today concerned people of past centuries as well, and demonstrate how the saints reacted to the needs and concerns of their contemporaries. The author shows that the messages and deeds of the saints remain as relevant today as they ever have been.
- The spiritual biography of a great but deeply humble pope
- Lively memories of the pope of the Second Vatican Council

Elected in 1958 as a "stop-gap" pope, he died in 1963 as one of the great popes of the twentieth century: Angelo Giuseppe Roncalli – Pope John XXIII. Less than 90 days after his election, he unexpectedly called for an ecumenical council and thus initiated an entirely unanticipated upheaval in the Catholic church.

Where did John XXIII draw the courage and the confidence? What influenced his thinking and his actions, his spirituality, his deep interest in people? In this year of the anniversary of the Council, Klaus Koziol draws a fascinating portrait of this pope, whom countless people still remember as "the good pope", and can still provide guidance for their lives.

Klaus Koziol
Trust in God and Human Kindness
Pope John XXIII – His Spirituality for Today
ISBN: 978-3-8436-0169-6
Patmos
Hardback
144 pages

Professor Klaus Koziol, born in 1954, holds the first German chair of social marketing. He is well known as a speaker in various venues and as the author of numerous publications.
Eugen Drewermann

The Seven Virtues

ISBN: 978-3-8436-0173-3 | Patmos | Hardback with jacket | 208 pages

Orientation for life

The Western tradition counts seven virtues, which serve as a measure for people’s behavior and symbolize theological, philosophical and ethical standards by which each individual should abide. But in these terms Eugen Drewermann also sees the danger of defining people from the outside. In this book, he lays out his own interpretation of the virtues and uses them as the basis for a new understanding of human beings: the virtuous are those people who have found themselves and are able to live liberated from fear.
Answers to the central questions of the meaning of life
Exceptional authors

What are the fundamental questions of our existence, the ones that affect us most deeply? Using a series of essential terms as stepping stones, well-known theologian Eugen Drewermann and journalist Michael Albus probe the human longing for a fulfilling life: a life that is not limited to superficial formalities and a freedom that dissolves restrictions. They also ask how a society would be that truly took the well-being of others into consideration. This is an important book that offers readers orientation and meaning.


Eugen Drewermann, born in 1940, has a doctorate in theology. When he was suspended from the priesthood and the teaching profession, he began a career as a psychotherapist and writer. To date he has written over 80 books and his works have been translated into more than a dozen languages.

Dr. Michael Albus was head of the editorial department for children, teens and family at the ZDF television network until 1998. The theologian and journalist is an honorary professor of media education at the University of Freiburg, Germany, and author of numerous publications on cultural and religious topics.
Niklaus Kuster
*Francis and Clare of Assisi*
A Joint Biography

ISBN: 978-3-7867-2801-6 | Grünewald | Hardback | 240 pages with numerous illustrations

**A comprehensive biography of the two saints from Assisi**

Niklaus Kuster provides a comprehensive analysis of the lives and spirituality of Saint Francis and Clare of Assisi in interaction with each other. He presents the external and spiritual development of both saints with deep knowledge, providing moving insights into two life stories that are still important today.
This title is devoted to the High Middle Ages, a key era in the more than two-thousand-year history of the city of Paris. How Paris came to be the capital of France during this period is elucidated clearly and accurately, with a stringent, methodical approach and incorporating the latest research results. This complex and tension-fraught process played a large part in Paris becoming the largest city in Europe in the Late Middle Ages, with more than 200,000 inhabitants. At the same time, still in the thirteenth century, the French monarchy rose to become the most important one on the Continent. Paris and France are still influenced by these medieval foundations today.
The Flower Clock

ISBN: 978-3-7995-0715-8 | Thorbecke | Hardback with quarter binding | 48 pages with numerous illustrations

An enchanting little book for all flower lovers

Mornings at seven the pot marigold opens its glowing flowers and closes them again at precisely one o’clock. Like the lovely Calendula, the blossoms of other plants also open and close at certain times. What could be more natural than to keep track of the time by tapping into this knowledge? Readers will find out which plants open and close their blossoms at what times, how to recognize them and where they can be found in this beautifully illustrated gift book. That way, curious hobby gardeners can even plant their own flower clock!

Katharina Bodenstein / Jutta Schneider

Natural Cosmetics from My Own Garden

ISBN: 978-3-7995-0743-1 | Thorbecke | Hardback | 120 pages with numerous photographs

Natural cosmetics, simple and inexpensive – and you know exactly what is in them!

It is so easy to do something nice for yourself in a natural way: the ingredients for a fragrant body gel, a refreshing mask or a relaxing bubble bath are growing outside your door. The valuable components of herbs, flowers and fruits are most effective when they are used fresh or processed by yourself, without preservatives and other industrial additives. Almost all of the recipes can be made with ingredients from your garden and kitchen, things you already have at hand. Katharina Bodenstein presents simple basic recipes that can be varied by using different plants. For every type of hair or skin, and also for minor beauty emergencies, you will find the right plant and learn how to prepare it. Impressive photos will inspire you to try these recipes yourself.
ANNETTE KRETZSCHMAR

My Wonderful Garden of Delight
A Garden for the Eyes and the Palate

ISBN: 978-3-7995-0731-8 | Thorbecke | Hardback | 136 pages with numerous photographs

A garden designed for snacking and other pleasures that invites you to explore

“What I really need is several gardens, or one very big garden with lots of different areas: one garden full of flowers, an herb garden, a kitchen garden with vegetables and fruits, and finally a wild and dreamy natural garden where I can retreat for rejuvenation. But in reality, I don’t have enough space or enough time to manage all that. So I have to find a compromise: I only have plants in my garden, on the terrace and on windowsills that promise to provide a feast for both my eyes and my palate – a garden where almost every plant is both beautiful and delicious,” writes Annette Kretzschmar. In her book she offers suggestions for a garden where you can nibble and snack to your heart’s content. Tips for plants and their care as well as recipes provide plenty of ideas for turning your own garden into a feast for all your senses.

MICHA DUDEK

My Wild Garden
Ways to Ecology and Sustainability

ISBN: 978-3-7995-0880-3 | Thorbecke | Hardback with jacket | 112 pages with numerous photographs

Sustainability in your own garden with little effort

Ecology and sustainability are all the rage, and it is not difficult to experience them in your own garden. Micha Dudek presents particular elements of gardens, such as paths and dry walls, farmer’s gardens and meadow orchards, as living spaces, thus opening our eyes to ecological details. He explains how biological diversity can be increased exponentially by making a few simple changes, for all ecological and sustainable thoughts and actions manifest the fundamental principle that nature also reveals itself on a small scale. And every square meter of ecologically tended garden adds up and contributes to an improved quality of life – also for ourselves.
**Elke Bachorz**

**Passionate About Roses**  
The 30 Most Beautiful Decorative Ideas

ISBN: 978-3-7995-0846-9 | Thorbecke | Hardback | 88 pages with numerous photographs

**Roses for every occasion – with clear instructions to create your own arrangements**  
The rose is the uncontested queen of the flowers – and proves it once again in these magical arrangements. Whether elegant in white, dreamy in pink, rustic in red or romantic in a duet with lavender or vetch – there is the right rose for every occasion and every taste. The author also gives lots of advice about which roses smell especially fragrant, or which keep the longest. Magnificent photos and great attention to detail will heighten your appreciation for roses!

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**Conny Marx / Lulú Marx**

**Flower Chains and Bark Boats**  
Fun and Games in Nature

ISBN: 978-3-7995-0877-3 | Thorbecke | Hardback | 88 pages with numerous photographs

**Games and crafts for parents and children to experience nature in a playful way**  
Playing in nature can be so simple! Carrot flowers can be turned into tiny dancers, pea pods become little boats for the rainwater barrel, a snapdragon opens its mouth wide and bellows, a blade of grass begins to whistle ... Simple instructions will motivate you to play in gardens, forests and fields, and make nature accessible for parents and children alike. The gorgeous photographs make this book truly special: much more than a book of craft ideas, it is a gift and an invitation to bask in nature in all its splendid glory.
A book to revel in the colors of the seasons
Seasonal and regional flower artistry – consciously and ecologically sound
Wonderful photos

A flower arrangement brings nature into the home – the fragrance and colors of the season, the combination of flowers and grasses that grow next to each other, found objects and memories of things experienced outdoors, children’s games, yard work or walks … That is how it should be, at least, but so many times flowers are the same old bouquets of imported roses and daisies, no matter what the season or region.

Composing your bouquets using what grows in your garden and the surrounding area – just as the seasons and the region allow them to grow – is not only good for the environment, but at the same time deepens your connection with nature. Helga Mühleck invites you to discover combinations of flowers, branches and greens that can be used in beautiful bouquets and wreaths at every time of year. In twelve strolls through the months of the year, you will see how bouquets and flower arrangements are created using nothing but typical garden flowers, and held together simply, without hot glue or floral foam.

Backlist Tip:
Katharina Bodenstein / Jutta Schneider / Michael Will
Country Life among Sheep and Farmers’ Gardens
ISBN: 978-3-7995-3569-4
Thorbecke
This book provides inspiration and information that help you bring a bit of that country idyll into every household. Step-by-step instructions for numerous projects are provided. Of course, gardening is also given its share of attention.

Helga Mühleck is a landscape architect and head of the Botanical Fruit Orchard in Heilbronn, Germany.

Jutta Schneider and Michael Will live in the southern Black Forest and are freelance photojournalists. Renowned magazine and book publishers have featured their pictures in numerous publications on the subjects of gardening, nature and traditions.
**Christine Volm**

*Experience the Sense of Smell*

ISBN: 978-3-7995-0713-4

Burning fragrant substances can be a soothing and relaxing ritual amidst everyday stress. It is very easy to do, and yet it's a powerfully effective way to increase your physical and mental well-being. An oasis for the senses and the soul!

**Brigitte Wachsmuth**

*Historical Flowers*

ISBN: 978-3-7995-3571-7

Thorbecke

This book opens the doorway to a world of wonderful old varieties of blooming plants for the garden, depicted in historical plant illustrations and brilliant photographs, and provides all you need to know to cultivate and nurture them in your own garden.

**Stephanie Hauschild / Christina Kratzenberg / Melanie Wagner**

*Green under Glass*

Low-Maintenance Indoor Gardens

ISBN: 978-3-7995-0716-5 | Thorbecke | Hardback | 88 pages with numerous photographs

Impressive houseplants that don’t require a green thumb

The principle is simple: a transparent container with a good seal is upended over a container of earth and placed in the light. Inside it are various plants, which remain alive and even continue to grow profusely — without any further air circulation, additional water or nutrients. The effort involved is minimal. This technique makes it possible to cultivate plants that would otherwise not thrive in the dry, heated air of our modern homes. The planted containers are also beautiful and decorative. This book thoroughly explains how to select just the right plants, mix the proper potting soil and plant Wardian cases as well as where they will best thrive and how to take care of your miniature garden.

**Stephanie Hauschild / Christina Kratzenberg**

*My Windowsill Herb Garden*

ISBN: 978-3-7995-0862-9

Thorbecke

Fresh herbs are a very special pleasure all year round. The thorough descriptions and lovely photographs in this book show how various plants can be maintained, and of course, how the herbs can be used.

Sold: Czech

**Aloys Finken / Kriemhild Finken**

*The Magic of Older Gardens*

ISBN: 978-3-7995-0710-3

Thorbecke

Kriemhild and Aloys Finken present the most beautiful old gardens in France in their new splendor. Superb photographs invite you to linger over the images and provide inspiration for your own garden. A wonderful gift for every garden fancier!
Ina Schönrock
Romantic Easter Decorations to Make Yourself

ISBN: 978-3-7995-0885-8
Thorbecke
Hardback
104 pages with numerous photographs

Ina Schönrock is a photographer who lives in Cologne, Germany. Most recently she was the photographer for Thorbecke’s Christmas Decorations – Natural and Made by Hand.

Spring is here, with fresh greens and the first tender spring flowers. Easter is coming up, friends are coming to visit or the family will gather around the table to celebrate. This is when you want to bring the delicate spring colors into your home, and delight you and your loved ones with a beautifully decorated Easter table.

Ina Schönrock has a special talent for using unusual colors, delicate lace trim or flower arrangements to transform traditional Easter baskets, lambs and sheep into small, nostalgic delights. What looks so enchanting in her wonderful photographs is easily recreated by means of the instructions and recipes.

Backlist Tip:
SABINE ZELLER
Christmas Decorations
ISBN: 978-3-7995-0863-6
Thorbecke
The most beautiful Christmas decorations can be made from natural materials that you can gather yourself. Clear, straightforward directions and appealing photographs inspire you to craft your own decorations and put you in the mood for a natural Christmas like in the olden days.
Sold: Latvian
Annabelle Fagner / Tilmann Schempp
Classic Cooking with Vegetables

ISBN: 978-3-7995-0718-9 | Thorbecke | Hardback with jacket | 112 pages with numerous photographs

The very best, classic vegetable recipes
A walk through a farmer’s market is an opportunity to revel in the astonishing variety of types of vegetables. There has never been such a wide array of vegetables available, and the spectrum of colors alone resembles a painter’s palette. When it comes to flavors and ways to prepare vegetables, the choices are equally manifold.

Accompany the authors into the nearly inexhaustible world of vegetables and savor the variety of the offerings. Discover the enormous range of ways they can be prepared through the varied recipes. Step-by-step instructions make it simple to prepare them at home, and the exclusive, historical illustrations ensure that the book is also a special delicacy for the eyes.

Rita Kopp
Cooking with Mediterranean Herbs

ISBN: 978-3-7995-0878-0 | Thorbecke | Hardback | 88 pages with numerous photographs

Delicious dishes made with fresh, healthy herbs: flavors to savor!
Fresh herbs bring summer right to your table and stir memories of mild Mediterranean evenings spent enjoying delectable food and a glass of good red wine.

With these recipes, you can conjure the magic of a vacation in warmer climes in your own home. The recipes range from herb soup to a delicate salmon salad, from elegant risotto with nasturtium to a rosemary sorbet, and lots of practical tips make it easy for you to recreate them. Give your cooking a touch of Mediterranean flair!
WILDFLOWERS: deliciously and beautifully prepared
What gardener isn’t occasionally annoyed about dandelions or other unwanted plants in their yard? But the plants so unjustly written off as weeds have their positive aspects as well: they can be used to make any number of delicious foods. And at the same time, the lovely wildflowers – such as pansies, red clover or cuckoo flowers – look fabulously decorative! Annette Kretzschmar provides extensive information about the appearance, habitat and use of wildflowers – and lots of delicious recipes invite you to gather some flowers, cook them up, and enjoy!

DISCOVER HEALTHY FOODS THAT NOT EVERYONE IS FAMILIAR WITH!
What was taken entirely for granted in our grandparents’ kitchens has been almost entirely forgotten today: who still remembers that delicious foods and condiments can be made from barberries, mulberries and sea buckthorn? And so, with great imaginative and culinary flair, Annette Kretzschmar set off in search of the forgotten fruits that grow wild in nature. There are delightful dishes made from bilberries, snowy mespilus and rock cherries, and fascinating treats for the palate with walnuts, quince or hawthorn. In addition, the author provides information about what each fruit looks like, where to find it and how to use it. The extensive collection of delicious recipes and many beautiful photos invite you to go gathering, cook something new, and enjoy!
Magda Drostel  
**This Is the Taste of Spring**  
The Book of Springtime Delights

ISBN: 978-3-7995-3560-1 | Thorbecke | Hardback with jacket | 124 pages with numerous photographs

**Step-by-step instructions for delicious spring recipes**

Spring – it means the first warming rays of sun after long, gray winter days, the first strawberries, sitting outside again for the first time and, of course, getting your fill of flowers and greenery. The season is inextricably connected with its distinctive smells and unique pleasures, so that it is rightly considered the loveliest time of the year. The joys of spring range from wild garlic to strawberries and asparagus, from wild herbs to candied violets. Lots of delicious recipes based on these springtime delights are sure to make this season truly the most wonderful time of year!

Sabine Fuchs  
**Summer, Sunshine, Picnic Time**

ISBN: 978-3-7995-0847-6 | Thorbecke | Hardback | 96 pages with numerous photographs

**Recipes and new ideas for picnics that are certain to brighten everyone’s mood**

When the sun finally shines again, it is high time to get out into nature, and we pack delicious finger foods, enticing cakes and thick sandwiches in the picnic basket. Sabine Fuchs will inspire you to quickly conjure up something delicious in the kitchen to take along with lots of inventive picnic recipes and anecdotes. And then it’s off to the countryside to enjoy the summer, the sunshine and especially the picnic!
Recipes to enjoy throughout the entire year
With stunningly beautiful photographs
Very personal and inspiring

Sylvia Hämmerle
Delights Throughout the Gardening Year
My Best Recipes

ISBN: 978-3-7995-3566-3
Thorbecke
Hardback
136 pages with numerous photographs

Is there anyone who isn’t familiar with the unbridled delight of being alive when nature revives itself in spring and green sprouts everywhere? Or when the air smells sweetly of strawberries in early summer? What could be better than bringing the pleasures that nature offers us to our table in meals tailored to the seasons?

From elderflower blossom sorbet to chocolate-cherry torte and pumpkin cream soup to Christmas delicacies – exquisite recipes and beautiful decorations make every one of your invitations an unforgettable experience – for you and your guests!

Sylvia Hämmerle, daughter of an Austrian textile manufacturer, became familiar with dazzling parties and stylish decorations already as a child. Today she contributes to photo reports as a stylist for garden, living and lifestyle magazines. She loves to cook according to the seasons, and at the same time spoils her guests with refined pleasures for the palate and stylish table decorations.
Smoothies
Delicious – Fruity – Quick and Easy

ISBN: 978-3-7995-0290-0 | Thorbecke | Hardback with quarter binding | 64 pages with numerous photographs

Simple recipes for fresh, homemade smoothies

Smoothies – mild and fruity in taste, they are a pleasure for the palate and at the same time a good dose of vitamins for the body. More of the valuable nutrients are retained in puréed fruits than in plain fruit juice. And that is especially true for homemade smoothies made with fresh ingredients! Thirty fabulous ideas for smoothies with native and exotic fruits, vegetables and dairy products demonstrate how easily health and enjoyment can be combined.
Chandima Soysa
Spectacular Cakes Made Easy

ISBN: 978-3-7995-0733-2 | Thorbecke | Hardback |
88 pages with numerous photographs

Easy-to-follow recipes with fabulous results, beautifully illustrated
Creamy cheesecake, fruity strawberry shortcake, enticing Torta di Ricotta, moist zucchini cake: these and other delicacies don’t require any special talent and are not difficult to make, but the results are fantastic. The 35 recipes in this carefully composed collection range from sponge cake to coffee cake, sheet cakes to individual tarts and muffins, and from slightly sweet to super sugary. They are sure to make anyone’s mouth water!

Conny Marx
Sweets for My Sweet
Making Homemade Sweet Treats with Children

ISBN: 978-3-7995-0732-5 | Thorbecke | Hardback |
88 pages with numerous photographs

Recipes for the whole family – clearly explained in simple language
Fruit juice ice pops, raspberry lollipops, gummy bears or chocolate apples – just the names of the recipes in this book will have everyone’s mouths watering, young and old alike. Attempts to prevent children from eating any sweets at all will at best succeed with great difficulty. Why not make a virtue out of necessity instead, and make the treats together with your children? That way parents know exactly what is in them, and preparing the little delicacies itself becomes a fun time for the whole family. Try it for yourself!
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